



MONTHLY MEANDERS

BOARD BANTER

Why I Drive 60 Miles to Ride 60 Miles

By Dave Waycie

I enjoy the Bakery rides. It is satisfying to ride a known route with a fairly constant group of friends on a regular basis. And, when the weather is good enough, I'll even ride to the ride, adding about 14 miles to the day's activity. 40 to 55 miles makes a nice ride, leaving enough energy to do something with the rest of the day.

I enjoy the Honey-Do rides. Again, we ride a known route, generally with a regular group, and, with an 8AM start, it is nice to have some of the day left for family activities, or the dreaded Honey-Do list. Our little group generally does 50 miles -- again leaving enough time and energy to make something of the day.

However, I find a steady diet of these rides to be inadequate. Riding the same routes can get a little boring, and riding the same distance range all the time seems to make me feel a little stale. Yes, as the season progresses, I get a little faster and climb the hills a little better, but it seems like it is the same ride over and over again. Because it is!

That's why I regularly "drive

60 miles to ride 60 miles," or drive even a little more. We have a great library of rides outside the immediate area that offer many opportunities to increase the quality of the riding experience. Here are a few benefits I believe I get from moving outside the area to stretch my legs.



WHERE I RIDE

Traffic!! Maybe it's obvious, but there are a lot of cars in our riding area. We have done a great job of designing rides that minimize traffic, but it is a concern. Going outside the area means riding on much less traveled roads. That doesn't mean you can forget about cars -- less traffic also probably means fewer bikes, so drivers may not be as aware out in the "sticks." You still need to keep your eyes open.

40 - 40 - 40. There must be a word for this, but I can't think of it. I find that if I constantly ride roughly the same distance

every ride, I have a hard time moving out of that zone. Bakery and Honey-Do rides are in the 40-50 mile range, and constantly riding that distance seems to stifle me for other kinds of rides. If you want to do a century sometime (and you certainly should do the Harmon pre-ride), you need to get out of the 40-50 range from time to time. We can easily ride 30 to 40% more than our normal rides for an occasional ride - so if you're in the 40 rut, try a ride in the 65 mile range now and then.

Scenery. OK, I'm full of it. I only ever look at the wheel or the pavement in front of me. But the scenery out in the wilderness is

so much better than Buffalo Grove or Barrington Hills. Trust me!

I said we had a great library of rides outside of the immediate area, so let me mention just a few that I particularly like:

Boone County Ride. (Starts in Union, IL) If you hate hills, this is your ride. Flat, mid-level mileage (65), and a great breakfast stop in Sharon, Wisconsin.

Rock Cut. (Starts in Union, IL) Another fairly flat ride. Lots of options -- 50, 71, or 100 miles -- and the long ride

(Continued on page 3)

MARCH 2011

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March 13

Club Officials

Elected Officers

President

OPEN

V.P./Ride Chair

Brian Blome 847/358-4807
& *Pat Calabrese*

Treasurer

Johannes Smits 630/893-2835

Secretary

Dave Wayycie 847/577-6307

Membership

Mitch Rosset 847/376-8152

Publicity Chair

Joe Beemster 847/215-2314

Appointed Officers

Harmon Chairman

Todd Berlin todd.berlin@rrd.com

Newsletter

Ella Shields 773/594-1755

St. Pat's Ride

Tom & Deb Wilson 847/632-1412

Chairmen

Banquet

Meg Ewen 630/540-1704

Harmon Data Base

Emily Qualich

Mileage Statistician

Cindy Schneider 847/696-2356

Newsletter Mailings

Joe Beemster 847/215-2314

Picnic

Al & Cindy Schneider 847/696-2356

Refreshments

Open

Ride Line

Frank Bing 847/634-1439

Web Page

Jim Boyer 847/541-1325

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields

7516 W. Devon Ave.

Chicago, IL. 60631

eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Mitch Rosset with your new address or e mail address at 847/376-8152 or e mail him at wheeling@wheelmen.com.

MARCH CLUB MEETING

The meeting will be on Thursday, March 3, 7:00 p.m. at **McArthur Middle School, 700 Schoenbeck Road, Prospect Heights, meet in the library.**

We will discuss final details for St Pat's ride and recruit volunteers. Our guest speakers will be representatives from the League of Illinois Bicyclists (LIB) and Active Transportation Alliance (ATA) and Kevin Moore will do his Bicycle Tour of Colorado presentation, which was rescheduled from the February meeting.

April 7 after meeting program TBA.



Shelby, Max & Marina
Kron

Jason, Jessica & Matthew
Qualich

Michael & Beth Dover

Brian Piotrowski

Mark Homuth

Katie & Ashley Berlin



SIGN UP TO WORK THE ST. PATRICK'S DAY RIDE

Join us for the first invitational ride of the season on March 20! The St. Patrick's Day ride will leave from Wauconda High School at 555 N. Main St. in Wauconda. We will need your help to host this spectacular early season ride. Just think by signing up for one of the jobs below you can say that you worked the first invitational ride of the season in the greater Chicago land area! Hopefully we will have sunshine and 50 degrees!

A special thank you to all of you who signed up early at the Christmas party. Your help is greatly appreciated. We will start sending confirmations to individuals in mid February and reminders in early March.

We will need volunteers to staff the following areas.

Road Marking: We are using signs again this year. The roads need to be marked the day before or the morning of the ride.

Registration: We need people to start setting up about 7:30 AM, Second shift starts at 9:30 AM

Parking: Attendants should be on duty at 7:30 AM. Second shift starts at 9:30 AM

Food: Service will be open from 7:30 AM to 1:00 PM. We will have an early shift from 7:30 AM to 11:00 AM and a late shift from 11:00 AM to 1:00 PM. Typically the heavy crowds are from 10:00 AM to 12:00 PM.

Cookies: We need about eight to ten people to supply 8 dozen cookies each. Home-made cookies or nut breads are appreciated, If you are crunched for time, bakery type cookies and brownie bites have gone well in the past. If the weather looks good for the day, we may need to tap a few extra people at the last minute.

Join the fun, sign up for a job! Contact Tom or Deb Wilson at 847-632-1412 or email us at tomwilson@wideopenwest.com.

WHEELING WHEELMEN BOARD MEETING JANUARY 17, 2011

Present: Joe Beemster, Johannes Smits, Todd Berlin, Brian Blome, Pat Calabrese, Ella Shields, Mitch Rosset, Brian Hale, Tom Wilson, Dave Waycie

The meeting was called to order at 7:17 pm.

Membership: Mitch reports that new membership applications and renewals are both running at normal levels.

Jerseys: Approved Tom's designs for jerseys, shorts, etc. These will be posted on the club website within the next few days. A note will go into the newsletter regarding the posting as well. Brian will bring the sample kit to the club meeting on February 3, and will give a short explanation of the ordering process.

Brian suggested we order extra jerseys for future new members. We will defer this decision, as it is affected by order response and pricing levels.

Financial: Johannes distributed financial summaries. Voted to give the following charitable donations:

League of Illinois Bicyclists - \$1000.
League of American Bicyclists - \$500.
Active Transportation Alliance - \$1000.

Harmon: Approved expenditure of approximately \$1000 (400 to LIB, 500-600 printing) to have LIB include Harmon brochures in their membership mailing.

Club Meetings: February 3 - Colorado Rides and opportunity to order jerseys. Ella will provide refreshments. The club will reimburse for refreshments upon request.

March 3 - LIB and Active Transportation Alliance. Joe will present our donations at this meeting.

April 7 - Village Cycle. Joe will contact Village regarding location and content.

St. Pat's Ride: Website is done. We still need a few volunteers, which can be handled at the February 3 meeting. Johannes and Tom will check with Meg regarding contacts for insurance.

Picnic: Scheduled for July 10. Pat will ask Jim Boyer to reserve the site, as a Lake County resident must make the request. It was noted that the pre-picnic ride is the "Art Cunningham Memorial Ride."

Ride Schedule: Ride leader sign-up is almost complete, although the March 26 ride is still open. Again, the February 3 meeting is an opportunity to fill out the schedule.

Newsletter - President's Message: Dave Waycie will take the March newsletter (due 2/10). Joe Beemster will do April (due 3/10).

Constitution and By-Laws: Ella and Joe are working on revision of the constitution and by-laws and will report when ready.

Next Board Meeting is February 21. Dave Waycie will host.

The meeting was adjourned at 8:50.

Dave Waycie, Secretary

(Continued from page 1)

ends up at Rock Cut State Park north of Rockford. I'll bet you've never been there!

Fontana Ride. This ride starts at McHenry County College in Crystal Lake. It is a long drive for most of us, but this is actually the favorite ride of many club members. Some hills, some bad roads, some good roads, but maybe the best ride we have. 71 miles -- you can do it!

Any of the Rides that start in Antioch. We have a few rides that start in Antioch, IL. Face it, this is virtually Wisconsin. It's a long drive. But these are some of our best rides. They all head north into Wisconsin, which offers little or no traffic, great roads (with some unfortunate exceptions), great scenery, and a great

riding experience. Make the drive -- it's worth it!

City of O's. This ride starts in LaGrange, WI. It is a long drive, but this may be the most scenic ride on our schedule. It's 88 miles, so you should prepare for it, and, I must admit, there are some really busy roads on the route. But this is really a beautiful ride, and there are great stops for breaks and lunch, if that's important to you. Try it - you'll like it!

There are probably others, but you get the point. Get out of the comfort zone and try something new. These rides are truly gems, and not enough of us are enjoying them. Please join me (and a few others) as we explore the areas outside the close-in suburbs. These are great biking areas and we shouldn't waste them!

March Ride Schedule	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early...15-30 minutes	*bring an ID card *carry a cell phone *bring money for lunch/snacks
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Date	Time	Ride Name	Starting Location	Directions	Miles	Ride Host
Sat 3/19	10:00	St. Patrick's Day Pre Ride	Wauconda H.S.	RT 12/59 to Old Rand Road, then 2 mile N.W. to school	16/20/36	Tom & Deb Wilson 847/632-1412
Sun 3/20	8:00 - 10:30	St. Patrick's Day Ride	EVERYONE WORKS	See above		Tom & Deb Wilson, Chairmen
Sat. 3/26	9:00	Other Side of the Tracks	Bode Forest Preserve	Take Barrington Rd. 1 mile N. of Schaumburg Rd. Turn W. 0.2 mile to Bode East Lot	41	Betsy Burtelow & Jim Boyer 847/541-1325
Sun. 3/27	9:00	Heron Creek Short Ride	Heron Creek Forest Preserve	0.2 miles south of Il 22 on Old Mc Henry Road, shelter B parking lot	32-47	Mitch Rosset 847/376-8152

WEEKLY RIDES

Day	Time	Ride/Start	Miles	Directions	Ride Host
Saturday end 3/12	10:00	Show N Go Rides	25 +	Willow Stream Park - The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	n/a
Sunday end 3/13	10:00	Cuba Marsh Show N Go Rides	25 +	Cuba Marsh is West on US12 to Ela Rd, south to Cuba Rd. West to parking lot on left	n/a
Tuesday & Thursday	10:00	Deerfield Bakery Ride	25-45	Willow Stream Park - The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	n/a

2011 RIDE SCHEDULE

Mo.	Date	Time	Ride Name	Miles	Start	Ride Host
A	Sat. 4-2	9:00	3 Options Ride	21/31/52	Fox Grove Preseve & Marina	
	Sun. 4-3	9:00	Heron Creek Short Ride	Approx. 31-47	Heron Creek F.P.	Kilian Emanuel
P	Sun. 4-3	9:00	Loops of McHenry	36/49	McHenry County College	
R	Sat. 4-9	9:00	Lou's Commute	41	Lakewood F.P.	
I	Sun. 4-10	9:00	Heron Creek Short Ride	Approx. 31-47	Heron Creek F.P.	Joe Beemster
L	Sat. 4-16	9:00	Honey Lake Loop	40	Willow Stream Park	Earle Horwitz
	Sun. 4-17	9:00	Heron Creek Short Ride	Approx. 31-47	Heron Creek F.P.	Dennis Ellertson
	Sun. 4-17	9:00	Harmon Half Century	51	Wilmot H.S Wis.	Dave Waycie
	Sat. 4-23	9:00	Who Let the Dogs Out	48	Evergreen School, Union	
	Sun. 4-24	9:00	(Easter) Heron Creek S. R.	Approx. 31-47	Heron Creek F.P.	Kilian Emanuel
	Sun. 4-24	9:00	Spring Forward	18/31/62	Union, Ill	Invitational
	Sat. 4-30	9:00	Walworth Flats	58	McHenry County College	Dave Waycie

2011 RIDE SCHEDULE

Mo.	Date	Time	Ride Name	Miles	Start	Ride Host
MAY	Sun. 5-1	9:00	(Choc. Fest) Heron Creek S. R.	Approx.31-47	Heron Creek F.P.	Mitch Rosset
	Sun. 5-1	9:00	Wauconda/Bull Valley	37/49	Lakewood F.P. (sled hill lot)	Paul Lefevre
	Sat. 5-7	9:00	Antioch Classic	58/80	Antioch School	Ella Shields
	Sun. 5-8	9:00	(Mother's Day) Heron Creek	Approx.31-47	Heron Creek F.P.	Joe Beemster
	Sat. 5-14	9:00	Big Rock	55/70/93/100	Rutland F.P.	Dave Waycie
	Sun. 5-15	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Pam Kaloustian
	Sun. 5-22	9:00	Arlington 500	31/44/55/69	Barrington H.S.	Invitational
	Sat. 5-21	8:00	Binnie Woods Ride	67/109	Binnie Woods FP	Paul Lefevre
	Sun. 5-22	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Kilian Emanuel
	Sat. 5-28	9:00	LaGrange/Concord	65/102	LaGrange General Store	Cindy & Al Schneider
	Sun. 5-29	9:00	Rural Wisconsin	67/93	Eagle, WI	Cindy & Al Schneider
	Sun. 5-29	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Larry Frank
	Mon. 5-30	9:00	Hills & Horses	39	Rose School	Emily Qualich
	Mon. 5-30	9:00	Triple L	77	Lyons, Wis.	Cindy & Al Schneider
	JUNE	Sat. 6-4	9:00	Boone County Ride	65	Evergreen School
Sun. 6-5		9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Joe Beemster
Sun. 6-5		8:00	Udder Century	31/50/62/100	Union, Ill	Invitational
Sat. 6-11		9:00	Rock Cut	58/90	Union, Ill	
Sat. 6-11		9:00	TOMRV	65/106	Bettendorf/Preston, Iowa	Rich & Mary Kay Drapeau
Sun. 6-12		9:00	TOMRV	41/86	Dubuque, Iowa	Rich & Mary Kay Drapeau
Sun. 6-12		9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Frank Bing
Sun. 6-12		9:00	Root Beer Social	58/82	McHenry County College	Dave Waycie
Sat. 6-18		9:00	City of the O's	50/88	LaGrange General Store	Cindy & Al Schneider
Sun. 6-19		9:00	(Srawberry Fest) Heron Creek	Approx.31-47	Heron Creek F.P.	Louis Greene
Sun. 6-19		9:00	(Father's Day) Wall to Wall	68/104	Fellows Park, Wis.	
Sat. 6-25		9:00	Triple Deerpass	66	Evergreen School	
Sun. 6-26		9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Larry Frank
Sun. 6-26		8:00	Fontana Ride	71	McHenry County College	Brian Hale
JULY	Sat. 7-2	9:00	Another Day/Another Way	70/110	Union	
	Sun.7-3	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Pam Kaloustian
	Mon..7-4	9:00	EFHOB	44	Rose School	Meg Ewen
	Sat. 7-9	8:00	Retro Harmon Hundred	30/60/100	Wauconda H.S	Paul Lefevre
	Sun.7-10	9/10:00	Art Cunningham Memorial Ride (Road Ride)	21/31/52	Fox River Preserve & Marina	Kilian Emanuel
	Sat. 7-16	9:00	Ice Cream Social	52	McHenry Co. College	Dave Waycie
	Sun.7-17	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Kilian Emanuel
	Sun.7-17	9:00	Bastille Day Ride	59/74/95	Paris School, WI	Cindy & Al Schneider
	Sat. 7-23	8:00	Roads You Don't Know	85	Cuba Marsh	Paul Lefevre
	Sun.7-24	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Joe Beemster
	Sat. 7-30	9:00	Sycamore Scamper	81	McHenry Co. College	
	Sun. 7-31	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Larry Frank
	Sun. 7-31	9:00	Loops of Burlington	56/97	Eagle lake Park, WI	Cindy & Al Schneider

Honey-Do Rides: start on April 2nd at 9:00 am....8:00 a.m. start begins on May 1

2011 RIDE SCHEDULE

Mo.	Date	Time	Ride Name	Miles	Start	Ride Host
A	Sat. 8-6	9:00	Loops of Lyons	50/71/100	Fellows Park, Wis.	Cindy & Al Schneider
	Sat. 8-6		Amishland and Lakes		Indiana	Exursion
U	Sun. 8-7	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Virginia Savio
G	Sun. 8-7	8:00	Paul's NE ILL Century Ride	100	Mt. Prospect	Paul Lefevre
U	Sun. 8-7		Amishland and Lakes		Indiana	Exursion
S	Sat. 8-13	9:00	Waterford Ride	44/70	Waterford Factory, WI.	Ella Shields
T	Sat. 8-13	9:00	Cedarburg/Campbelsport	66/102	Covered Bridge Park, WI.	Cindy & Al Schneider
	Sun. 8-14	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	David Naigles
	Sun. 8-14	9:00	Cedarburg/Jackson	69	Covered Bridge Park, WI.	Cindy & Al Schneider
	Sat. 8-20	9:00	Paris School Ride	37/55	Paris, WI	Dave Waycie
	Sun. 8-21	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Kilian Emanuel
	Sun. 8-28	8:00	HARMON PRE RIDE	25,50,75,100	Wilmot HS	Len & Reinhilde Geis
S	Sat. 9-3	9:00	Ella's Escapade	71/102	Glacier Hills Park, WI.	Cindy & Al Schneider
	Sun. 9-4	8:00	Geneva Century/ Geneva Lite	50/100	Heron Creek F.P.	Paul Lefevre
	Sun. 9-4	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Pam Kaloustian
E	Mon. 9-5	9:00	(Labor Day) Hills & Horses	39	Rose School	Virginia Savio
P	Mon. 9-5	9:00	West Bend Pretzel Ride	51/73/100	Barton Elementary School, WI.	Cindy & Al Schneider
T	Sat. 9-10	9:00	Wauconda Twin Lakes	61 / 78	Lakewoods F.P.	Dave Waycie
E	Sun. 9-11	9:00	HARMON HUNDRED		Wilmot HS	Everyone Works
M	Sat. 9-17		Door County Excursion	50/75/100	Door County	Deb & Tom Wilson
B	Sat. 9-17	9:00	Antioch Twisted	63/ 84/100	Antioch Middle School	
E	Sun. 9-18	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Frank Bing
R	Sun. 9-18		Door County Excursion	31/44/50	Door County	Deb & Tom Wilson
	Sat. 9-24	9:00	Reverse Honey-Do	48	Grassy Meadow-Douglas F.P.	Brian Hale
	Sun. 9-25	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Kilian Emanuel
	Sun. 9-25	9:00	Apple Cider Century	50/75/100	Three Oaks, Mich.	Invitational
	Sun.9-25	9:00	Nifty Fifty	50	Elgin Target Store	
O	Sat. 10-1	9:00	Bakery Ride	40	Willow stream Park	Earle Horwitz
	Sun. 10-2	9:00	Apple Fest (Heron Creek S. R)	Approx.31-47	Heron Creek F.P.	David Naigles
C	Sun. 10-2	9:00	Triple Deepass	66	Evergreen School	
T	Sat. 10-8	9:00	PITA	39 / 61	Cuba Marsh	Len & Reinhilde Geis
O	Sat. 10-8		Fall Festival Weekend	50/60	Mt. Horeb, WI.	Rich & Mary Kay Drapeau
B	Sun. 10-9		Fall Festival Weekend	50/60	Mt. Horeb, WI.	Rich & Mary Kay Drapeau
E	Sun. 10-9	9:00	Rock Cut State Park	58/90	Evergreen School	
	Sun. 10-9	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Kilian Emanuel
R	Sat. 10-15	9:00	Other Side of the Tracks	41	Bode Forest Preserve	
	Sun. 10-15	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Len & Reinhilde Geis
	Sun.10-23	9:00	Ride to McHenry	42/63	Barrington HS	
	Sun.10-23	9:00	Heron Creek Short Ride	Approx.31-47	Heron Creek F.P.	Mitch Rosset
	Sun.10-30	10:00	Chili Ride	42	Meg's House	

During the Month of October Honey-Do Rides start at 9:00 am.

ALWAYS CALL THE RIDE LINE 847/520-5010 FOR ANY LAST MINUTE CHANGES

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The **Wheeling Wheelmen Bicycle Club** has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

NOTE: Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: wheeling@wheelmen.com

To Subscribe send an email message to:
wheelingwheelmen-subscribe@yahogroups.com

To Unsubscribe send an email message to:
wheelingwheelmen-unsubscribe@yahogroups.com

To post a message send your message in an email to:
wheelingwheelmen@yahogroups.com

The group name is: **wheelingwheelmen** and is available at: pgroups.yahoo.com/group/wheelingwheelmen

Wheeling Wheelmen Membership Application

Name: _____ Spouse's Name: _____

Address: _____ Children's Names: _____ Age: _____

City, State, Zip: _____ Age: _____

Phone #: _____ E-mail: _____

New Member? _____ Renewal? _____ Member # _____ Family dues: \$25 Individual dues: \$20

Please consider an e-mail of our monthly newsletter to help keep club dues low and help the environment by reducing paper consumption Please indicate your choice: Send via e-mail I prefer a paper copy

Membership Pledge: I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

Applicant's Signature (parent's signature if a minor)

Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



P. O. Box 7304
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010
Email: wheeling@wheelmen.com

We are on the web
wheelmen.com

Club Meeting
March 3



CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

Alberto's Cycles
661 Central, Highland Park
(847) 432-0015

AMLINGS CYCLE & FITNESS
8140 N Milwaukee Ave.,
Niles
847/692-4240

B&G CYCLERY
131 E. Rollins Rd, Round
Lake Beach, 847/740-0007

BICYCLE CONNECTION OF SCHAUMBURG
1226 N Roselle Rd.
Schaumburg 847/882-7728

CAMPBELL ST. BIKES
13 W. Campbell St.
Arlington Hts.
847/222-7887

GEORGE GARNER CYCLERY
1111 Waukegan Rd.,
Northbrook, 847/272-2100

LIBERTYVILLE CYCLERY
740 N. Milwaukee Ave,
Libertyville
847/362-6030

MIKES BIKES
155 N Northwest Hwy,
Palatine, 847/358-0948

OAK PARK CYCLERY
1113 Chicago Ave.
Oak Park 708/524-2453

RUNNER'S HIGH & TRI
121 W. Campbell, Arling-
ton Hts., 847/670-9255

SPOKES
69 Danada Square E,
Wheaton 630/690-2050
1807 S. Washington, #112
Naperville, 630/961-8222

THE CYCLERY
575 Ela Road,
Lake Zurich, 847/438-9600

TURIN BICYCLE
1027 Davis Street,
Evanston 847/864-7660

VILLAGE CYCLESPORT
45 Arlington Hts Rd
Elk Grove Village
847/439-3340
1313 N. Rand Rd,
Arlington Hts.
847/398-1650
203 W. Northwest Hwy
Barrington, 847/382-9200

We support:

- *The League of American Bicyclists
- *The League of Illinois Bicyclists
- *Active Transportation Alliance
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,
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Tel: (202)822-1333 Fax: (202)822-1334
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In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE