



# MONTHLY MEANDERS

## BOARD BANTER

Happy New Year to everyone. I hope this article finds everyone in good health and enjoying the winter as best we can without being on the bike outside. I hope everyone enjoyed the holiday season and had the opportunity to spend time with friends and family catching up on the years events. Now it is time to move forward and start planning events for 2011.

Hopefully the winter months are flying by, but everyone is finding time to stay in shape. Mitch organized a hike this past Saturday and has volunteered to do so a couple more times. For those of you that were able to join the hike, I hope it was enjoyable. For others of us, we spend time and money working out indoor on the stationary bikes which do start to get very boring this time of the year. We use things like competition (provided by CompuTrainer classes), videos, music, or any other distraction to trick our minds into thinking we actually

enjoy riding indoors. But we know that March will be here soon enough so we need to stay in shape to be ready for cycling season.

The Wheelman will begin the Show N Go rides on 3/2 that will not count for miles. These rides are usually for those that grew up in the North Pole, but are a great warm up for the season. The St Pats pre-ride or club mileage accumulation initiation starts 3/20/11. The ride schedule is posted on the website. This is what most of us use for motivation to continue those long indoor training sessions..... just think only six weeks left.

Brian and I have volunteered to once again plan this year's ride schedule, this will be our fifth year as Ride Chairs. We do the best we can and hopefully address most people's riding requirements. We would like to take the opportunity to thank the club members who have been

very gracious and cooperative in supporting the ride schedule and volunteering to host the rides. Without the cooperation of the club members, we could not successfully sponsor so many rides for all to enjoy. We even have members that will ask to host a ride should a cancellation occur. There are a handful of members that will email and communicate that construction is occurring in a specific area over a specific time frame or suggest a route change for our consideration. Several of the members do the routes for us (like the Schneider's or Geis's) which is really appreciated. SO THANKS TO EVERYONE FOR MAKING THIS SUCH A GREAT CLUB! Looking forward to a great 2011 season.

*Pat Calabrese*

February, 2011

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### CLUB JERSEYS

A new club jersey has been designed by Tom Wilson. The new art is posted on the website at [www.wheelmen.com](http://www.wheelmen.com). Also see the price list on website, and final cost will be deter-

mined by number of jerseys ordered

### SCHEDULE

Artwork completed and submitted to VOLER by 02-14. Proofs will need to be returned to VOLER by 03-07

Shipping set for 04-08.

Ordering AND "PAYMENT IN FULL" deadline 02-27.

Contact Brian Hale with any questions, 847-956-1600 or 847-804-1561 (cell).



## Club Officials

### Elected Officers

#### **President**

#### **OPEN**

#### **V.P./Ride Chair**

*Brian Blome* 847/358-4807

*& Pat Calabrese*

#### **Treasurer**

*Johannes Smits* 630/893-2835

#### **Secretary**

*Dave Wayvcie* 847/577-6307

#### **Membership**

*Mitch Rosset* 847/376-8152

#### **Publicity Chair**

*Joe Beemster* 847/215-2314

### Appointed Officers

#### **Harmon Chairman**

*Todd Berlin* todd.berlin@rrd.com

#### **Newsletter**

*Ella Shields* 773/594-1755

#### **St. Pat's Ride**

*Tom & Deb Wilson* 847/632-1412

#### **Chairmen**

#### **Banquet**

*Meg Ewen* 630/540-1704

#### **Harmon Data Base**

*Emily Qualich*

#### **Mileage Statistician**

*Cindy Schneider* 847/696-2356

#### **Newsletter Mailings**

*Joe Beemster* 847/215-2314

#### **Picnic**

*Al & Cindy Schneider* 847/696-2356

#### **Refreshments**

#### **Open**

#### **Ride Line**

*Frank Bing* 847/634-1439

#### **Web Page**

*Jim Boyer* 847/541-1325

### **Newsletter Policy**

We can always use information for the newsletter. I'd love to hear from you. Send or e-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month

Ella Shields  
7516 W. Devon Ave.  
Chicago, IL. 60631  
eshieldsbike@yahoo.com

(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Call Mitch Rosset with your new address or e mail address at 847/376-8152 or e mail him at [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com).

## 2011 MEMBERSHIP RENEWALS

### Renewal date is February 1.

If you have not renewed this is your **last newsletter**. If you misplaced your renewal form please use the membership form on page 7.

New 2011 Membership cards will be mailed out in March.

If you have any questions contact Mitch Rosset at 847/376-8152 or e-mail him at: [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com).



To Pam Burke for hosting the holiday party, approximately 50 members attended and

had a fantastic time, lots of laughs and good food, it was a wonderful party.

If you would like to put on an activity (rides, hiking, dinner, x-c skiing, etc) this winter call a board member and they will have it put on the ride line. Or send it to Ella Shields for the newsletter. Call the ride line for fall and winter activities 847/520-5010.

## FEBRUARY CLUB MEETING

The meeting will be on Thursday, February 3, 7:00 p.m. at **McArthur Middle School, 700 Schoenbeck Road, Prospect Heights**, meet in the library.

We will discuss the St. Patrick's Day ride and recruit volunteers, talk about jerseys and have sample sizing jerseys available to try on, the deadline to order jerseys will be February 27.

The after meeting program is by Kevin Moore on the Bicycle Tour of Colorado he did in 2010.

March 3 Meeting: Our guest speakers will be representatives from the League of Illinois Bicyclists (LIB) and Active Transportation Alliance (ATA)

## WELCOME NEW MEMBERS

Bob Spaulding

Jorn Lim

Tricia Croft

The Weiss Family

Michael & Steven Kiley

Daniel Szokarski

Lee Lane

Russell & Lea Haderly

Galen Kirkpartick

Joe Sirchio

Roger Messman

Helga Emanuel

Judy Beemster

Andrew & Anthony Rosset

Richard Brouillette

Chad McCloy

Vince & Jackie Kelley

Steven Price

## SWOOP IN FOR THE CHICAGO CYCLE SWAP—FEB. 26

Check out a bigger, better [Chicago Cycle Swap](#) on Feb. 26, 2011! Expect a day of deals and demonstrations while enjoying beer, soda and food. Come to Pulaski Park (1419 W. Blackhawk St., Chicago) to browse booths selling loads of bike gear. The event—organized by Active Trans and Chicago Bike Winter—will include presentations on topics like cargo bikes, winter bike commuting and custom frame building/powder coating. Admission is \$10 (cash only); kids 12 and under get in free. Booth space and tables are available for vendors, nonprofits, clubs and individuals

## WEEKLY RIDES

Day	Time	Ride/Start	Miles	Directions	Ride Host
Saturday	10:00	Show N Go Rides	25 +	Willow Stream Park - The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	n/a
Sunday	10:00	Cuba Marsh Show N Go Rides	25 +	Cuba Marsh is West on US12 to Ela Rd, south to Cuba Rd. West to parking lot on left	n/a
Tuesday & Thursday	10:00	Deerfield Bakery Ride	25-45	Willow Stream Park - The park is on Old Checker Rd. a few tenths of a mile west of the bakery. Turn west on old Checker Rd. to parking on the right	n/a

ALWAYS CALL THE RIDE LINE 847/520-5010 FOR ANY LAST MINUTE CHANGES



**Mary Lucille Myslis**, 53, died peacefully on Dec. 8, 2010, surrounded by her loved ones, at Condell Hospital in Libertyville. Mary fought a short but courageous battle with ovarian cancer. Mary was a rare treasure to all who knew her, was so loved and will be dearly missed. She was a loving and devoted daughter, sister and aunt.

Mary was born Sept. 20, 1957, to Robert S. and Deirdre Allen Myslis in Elgin. Mary

graduated from Highland Park High School in 1975 and Lawrence University in 1980, with a Bachelor of Music in Piano Performance and a Bachelor of Arts in British History. Mary spent her junior year studying abroad in London, England, and lived in Scotland the following summer. Following graduation, Mary pursued a teaching career. She taught piano for 25 years, using the Suzuki method. Her students loved coming to her cozy apartment in Libertyville and meeting her cats. Mary's creative and fun teaching methods endeared her to her young pupils. Her passions were many. She particularly loved traveling with her sisters and friends, and visiting medieval castles and their ruins. She traveled to Europe many times, including Italy and France. Other passions included movies, trivia contests, classical music and opera, pianist Maurizio Pollini, apples, baking apple pies, horses, and watching the Chicago Bears, Green Bay Packers, the Tour de France and figure skating competitions. Mary's significant other, Jim Beloian, introduced her to cycling and she began riding competitively in 1998. She loved road racing, criteriums and cyclocross competitions. Mary had many cycling friends, who loved her competitive spirit and engaging personality. Mary and Jim traveled throughout the United States on long distance cycling tours. She was preceded in death by her mother. She is survived by her father; her

sisters, Laura, Sarah and Andrea (Eichrodt); brother-in-law, Chris Eichrodt; her niece, Molly; her nephew, Nico; Jim Beloian; and her beloved cats, Thomas, Benny and Baby Girl. She will be remembered for living her life to the fullest, her generosity, and kind spirit, animated by a lively sense of humor. Her wonderful soul and sweet smile will live in our hearts forever. Mary's memorial service will take place on Saturday, December 18 at 3 p.m. with a reception to follow at First Presbyterian Church, 219 W. Maple Ave., Libertyville. Memorial donations to Orphans of the Storm ([www.orphansofthestorm.org](http://www.orphansofthestorm.org)) or the Ovarian Cancer Fund ([www.ocrf.org](http://www.ocrf.org)) would be appreciated. *Published in Chicago Suburban Daily Herald on December 15, 2010*

### Mary's Eulogy

This is a quote I read at Art Cunningham's memorial service and I thought it was relevant today, too. "The deep pain that is felt at the death of every friendly soul, arises from the feeling, that there is in every individual something which is inexpressible, peculiar to her alone, and is therefore, absolutely and irretrievably lost."

I met Mary a number of years ago through the Wheeling Wheelmen bike club and as you all know first-hand, it was easy to become friends with her. She would always create a buzz in the parking lot before a ride when we knew Mary was coming. You'd hear, "Mary's coming today" or "Did you hear, Mary's riding today?" You just knew if you were going to ride with her, you'd have to dig deep and bring your "A" game.

In the early years I only saw Mary at the beginning of a ride as she came flying into the parking lot running late as usual, sometimes

(Continued on page 4)



Happy St. Patrick's Day

**SIGN UP TO WORK THE ST. PATRICK'S DAY RIDE**

Join us for the first invitational ride of the season on March 20! The St. Patrick's Day ride will leave from Wauconda High School at 555 N. Main St. in Wauconda. We will need

your help to host this spectacular early season ride. Just think by signing up for one of the jobs below you can say that you worked the first invitational ride of the season in the greater Chicago land area! Hopefully we will have sunshine and 50 degrees!

A special thank you to all of you who signed up early at the Christmas party. Your help is greatly appreciated. We will start sending confirmations to individuals in mid February and reminders in early March.

We will need volunteers to staff the following areas:

**Road Marking:** We are using signs again this year. The roads need to be marked the day before or the morning of the ride.

**Registration:** We need people to start setting up about 7:30 AM, Second shift starts at 9:30 AM

**Parking:** Attendants should be on duty at 7:30 AM. Second shift starts at 9:30 AM

**Food:** Service will be open from 7:30 AM to 1:00 PM. We will have an early shift from 7:30 AM to 11:00 AM and a late shift from 11:00 AM to 1:00 PM. Typically the heavy crowds are from 10:00 AM to 12:00 PM.

**Cookies:** We need about eight to ten people to supply 8 dozen cookies each. Homemade cookies or nut breads are appreciated, If you are crunched for time, bakery type cookies and brownie bites have gone well in the past. If the weather looks good for the day, we may need to tap a few extra people at the last minute.

Join the fun, sign up for a job! Contact Tom or Deb Wilson at 847-632-1412 or email us at [tomwilson@wideopenwest.com](mailto:tomwilson@wideopenwest.com).

(Continued from page 3)

wearing her helmet and bike shoes in the car. Yeah that was a comical sight. Or I would catch up with her after the ride at the Bakery over lunch.

At first I wasn't a strong enough rider to hang on her wheel. Actually very few of us were. But she always had an encouraging word or some advice. As the years went by I got stronger and on one ride she slowed down enough so we could ride together. On that ride she taught me proper drafting technique. Showing me how to read the wind direction and then position myself to take the most advantage of that sweet spot when in a pace line. And I would need every advantage I could get if I would ever be able to ride with her.

Eventually over the years I got stronger and one summer to my delight was able to hang on Mary's wheel. It wasn't easy because Mary gave 110% on every ride. But you knew if you hung on, you were in for one heck of a ride.

I still remember one Bakery ride last year. There was a small group of us on Mary's wheel. We were heading down Gilmer Road all excited that we were averaging 19 mph for the ride up to that point. Mary finally got tired and drifted toward the back and I took over the pull. I wasn't going to let Mary down. She had given us all she could and I wanted to return the favor. So dig-

ging deep I kept the pace up until Mary rested enough to take the lead again. She would never stay in the back very long. When she took over the pull she was there as always with a compliment and encouragement. Coming from her that meant so much to me, even to this day. That ride was the fastest I ever rode that route and all the credit goes to Mary.

I went to visit Mary in the hospital a few days after she was admitted. While I was there, she decided she wanted to get out of bed and walk a lap or two around the halls. So we unhooked her cords and off she went. She kept apologizing she was a bit slow, but even then, where was I? Tucked right behind her like a pace line, letting her set the pace.

I've been trying to make sense of why Mary's life was cut way too short. What I came up with was this. If even one woman learned something about ovarian cancer and it saves their life then Mary's death is not in vain. I know even in her passing Mary continued to teach me something new.

Mary, may the wind be at your back, the sun always shine on your face, and the road flatten to meet you. Be sure to leave a cue sheet at heaven's gates so we can catch up to you, Art Cunningham and Bob Savio. Thank you for your friendship, quirky sense of humor and for helping me be a better rider. And don't worry your secret on how to climb hills faster is safe with me.

*Sheri Rosenbaum*

**BOARD MEETING**

The next board meeting is Monday, February 21, 7:00 p.m., at the home of Dave Waycie.

All Board members are requested to attend.

**SIGN UP: TOMRV JUNE 11-12**

TOMRV is the Tour of the Mississippi River Valley, a Midwest cycling tradition now in its 34th year. Enjoy a challenging ride on scenic roads, through Midwest farmland, and along the Mississippi River.

On Line Registration opens Feb. 7 [www.qcbc.org/tomrv](http://www.qcbc.org/tomrv)



### Wheeling Wheelmen Board Meeting November 29, 2010

**Present:** Joe Beemster, Todd Berlin, Brian Blome, Pat Calabrese, Ella Shields, Tom Wilson, Dave Waycie

The meeting was called to order at 7:30 pm.

**Financial:** The checking account balance is \$14767. Approximately \$8000 in a CD. The Harmon generated a small profit this year. Decisions regarding donations will be deferred until next meeting.

**Presidential Duties:** In the absence of a President, it was agreed to rotate the Newsletter front page article. Pat will take the February newsletter. Joe agreed to program Club Meetings.

**Mail Pickup:** Joe will handle mail pickup.

**Newsletter:** Joe will add the bike shops who offer club discounts to the mailed newsletter list.

**Holiday Party:** Some members have requested that the slide show from the banquet be presented at the Holiday Party. Dave will regenerate the show with longer slide display, and check with Tom Mulick to see if Tom can present the show.

**Harmon:** Todd will see if we can get an early commitment from Wilmot High School in order to make the cutoff for publicity through the Wisconsin Bicycle Federation.

**Membership:** Mitch requested guidance regarding distribution of Membership Rosters. Rosters are available to paid members by request, preferable through email to Mitch.

The meeting was adjourned at 8:45 pm.  
The next Board Meeting is January 17.

### LIB Extra - from the League of Illinois Bicyclists

#### Bicycling Wins Big in Grant Announcement

This fall, over **\$50 Million** in federal Transportation Enhancements grants went to [new Illinois trails and bikeways](#) in a major advocacy success. Gov. Quinn announced over \$89 Million in grants, including 66 projects directly relevant to bicycling. See the list at [www.bikelib.org](http://www.bikelib.org).

The state gets to decide how these federal grants are distributed among 12 eligible project types, and bike projects had been deemphasized in recent years. IDOT and the Governor (personally) heard our pleas to emphasize bicycling, protect the funding source from disproportionate cuts, and improve the selection process. All requests were heeded. The result – a record amount for Illinois bicycling (by far) over the 20-year history of the Enhancements program.

#### “Share the Road” License Plate Sign-Up Passes Halfway Point

Over 800 Illinois drivers have already submitted reservations for the state’s new “Share the Road” license plates. Bike club members are invited to sign up and pass the word – so we can start seeing the plates



on the road soon. The Secretary of State will begin production after 1500 reservation forms have been received. We hope to reach that mark

by spring – please help us!

The plates will have a one-time \$29 switchover fee, plus an annual incremental fee of \$22. Most of the latter fee will go to LIB for our various programs to educate motorists and bicyclists on sharing the road.

Go online to [www.bikelib.org](http://www.bikelib.org) for the reservation form and instructions on the two-step purchase process, plus FAQs.

Temporary plates had previously been available each year through LIB and the state for National Bicycle Month; but the plates were only valid for April and May. With the new, LIB-proposed plate, Illinois joins 12 other states with permanent, year-round “Share the Road” license plates.



#### MOVIE NIGHT

Feeling a little... sluggish? Winter weight getting you down? Avoiding your bike? You know the one leaning in the corner of your cold garage giving you the evil eye every time you start up your car? Need some inspiration to get back on your bike? Well come join Mikes Bike Shop for our bicycle-themed movie night!

Meet us at Emmett’s in Palatine at 7:00PM and enjoy some of their delicious food and beverages while we take in one of the greatest cycling films of all time. This year we’ll be watching *A Sunday in Hell* on February 24<sup>th</sup> so SAVE THE DATE!

**--PRODUCT RECALL:** About 9,300 Full Speed Ahead BB30 Gossamer double crank sets used by numerous bicycle manufacturers. If the fixing bolt is over tightened on the left crank arm, the bolt shoulder can break and allow the arm to fall off. Eleven such incidents have been reported, causing 2 riders to be injured. The recalled crank sets were made in Taiwan and are either painted black with "Gossamer" printed in white on the arm or white with "Gossamer" printed in black. They are original equipment on various road bikes from Bianchi, Cannondale, Felt, Fuji, Quintana Roo, Litespeed, Raleigh and Scattante. Bikes with this FSA crank set should not be ridden but returned to a dealer for a free crank arm replacement. Check [www.fullspeedahead.com](http://www.fullspeedahead.com) for more details.

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203 West Northwest Hwy. • Barrington, IL 60010 • 847-382-9200

The **Wheeling Wheelmen Bicycle Club** has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

**NOTE:** Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

To Subscribe send an email message to:  
[wheelingwheelmen-subscribe@yahogroups.com](mailto:wheelingwheelmen-subscribe@yahogroups.com)

To Unsubscribe send an email message to:  
[wheelingwheelmen-unsubscribe@yahogroups.com](mailto:wheelingwheelmen-unsubscribe@yahogroups.com)

To post a message send your message in an email to:  
[wheelingwheelmen@yahogroups.com](mailto:wheelingwheelmen@yahogroups.com)

The group name is: **wheelingwheelmen** and is available at: [pgroups.yahoo.com/group/wheelingwheelmen](http://pgroups.yahoo.com/group/wheelingwheelmen)

## Wheeling Wheelmen Membership Application

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Age: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

New Member? \_\_\_\_\_ Renewal? \_\_\_\_\_ Member # \_\_\_\_\_ Family dues: \$25 Individual dues: \$20

Please consider an e-mail of our monthly newsletter to help keep club dues low and help the environment by reducing paper consumption Please indicate your choice:  Send via e-mail  I prefer a paper copy

**Membership Pledge:** I hereby agree to operate my bicycle in a manner that is safe to me and those around me, to observe all the rules of the road, and conduct myself in a manner that will be complimentary to the sport. I release and waive all claims for negligence against the WHEELING WHEELMEN, its officers and members for all damages incurred at or associated with any WHEELING WHEELMEN activity for myself, my heirs and executors.

\_\_\_\_\_  
Applicant's Signature (parent's signature if a minor)

\_\_\_\_\_  
Spouse's Signature

Mail this application with payment to Wheeling Wheelmen, P.O. Box 7304, Buffalo Grove, IL 60089-7304



P. O. Box 7304  
Buffalo Grove, Il. 60089-7304

Phone: 847-520-5010  
Email: [wheeling@wheelmen.com](mailto:wheeling@wheelmen.com)

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**We are on the web**  
**wheelmen.com**

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Club Meeting  
February 3

*Happy  
Valentine's Day!*

### CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

**Alberto's Cycles**  
661 Central, Highland Park  
(847) 432-0015

**AMLINGS CYCLE & FITNESS**  
8140 N Milwaukee Ave.,  
Niles  
847/692-4240

**B&G CYCLERY**  
131 E. Rollins Rd, Round  
Lake Beach, 847/740-0007

**BICYCLE CONNECTION OF SCHAUMBURG**  
1226 N Roselle Rd.  
Schaumburg 847/882-7728

**CAMPBELL ST. BIKES**  
13 W. Campbell St.  
Arlington Hts.  
847/222-7887

**GEORGE GARNER CYCLERY**  
1111 Waukegan Rd.,  
Northbrook, 847/272-2100

**LIBERTYVILLE CYCLERY**  
740 N. Milwaukee Ave,  
Libertyville  
847/362-6030

**MIKES BIKES**  
155 N Northwest Hwy,  
Palatine, 847/358-0948

**OAK PARK CYCLERY**  
1113 Chicago Ave.  
Oak Park 708/524-2453

**RUNNER'S HIGH & TRI**  
121 W. Campbell, Arling-  
ton Hts., 847/670-9255

**SPOKES**  
69 Danada Square E,  
Wheaton 630/690-2050  
1807 S. Washington, #112  
Naperville, 630/961-8222

**THE CYCLERY**  
575 Ela Road,  
Lake Zurich, 847/438-9600

**TURIN BICYCLE**  
1027 Davis Street,  
Evanston 847/864-7660

**VILLAGE CYCLESPORT**  
45 Arlington Hts Rd  
Elk Grove Village  
847/439-3340  
1313 N. Rand Rd,  
Arlington Hts.  
847/398-1650  
203 W. Northwest Hwy  
Barrington, 847/382-9200

### We support:

- \*The League of American Bicyclists
- \*The League of Illinois Bicyclists
- \*Active Transportation Alliance
- \*Buffalo Grove Bike Rodeo
- \*Bicycle Federation of Wisconsin

### JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,  
1612 K Street, NW, Suite #401  
Washington, DC 20006  
Tel: (202)822-1333 Fax: (202)822-1334  
E-mail: [BikeLeague@aol.com](mailto:BikeLeague@aol.com)  
Web Site: [www.bikeleague.org](http://www.bikeleague.org)

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800) 288-BIKE