



MONTHLY MEANDERS

Root River and Harmony-Preston Valley State Trails

AUGUST 2017

By Johannes Smits

We recently went on an extended weekend with the Schaumburg Bike Club to the Root River and Harmony-Preston Valley State Trails in the South-Eastern corner of Minnesota. All club members stayed at a small inn in Lanesboro (population 754) located very central on the trails. The drive there takes about 5 hours on interstate 90 via La Crosse and some local roads.

most western part ends at Fountain (population 410) and the southern part of the trails is Harmony (population 1020).

The Root River State Trail mostly follows the Root River (what a surprise) and is 53.6 miles from Houston to Foun-



The Cottage House Inn in Lanesboro has a total of 14 rooms of which we occupied 13. The inn is very cozy with only one TV in the lobby and one community refrigerator and microwave in their large meeting room. The rooms however are very nice with high speed internet.

The most eastern part of the trail ends at Houston (population 974) and is located about 22 miles west of La Crosse. The

tain. The Harmony-Preston Valley State Trail adds another 17.8 miles. None of these distances are overwhelming and the trail is fairly flat with the exception of steep hills near Houston, Harmony and a 6.5 mile 'climb' to Fountain.

Most of the group met up with Roger - who biked the whole way from Barrington to Lanesboro - Thursday afternoon to go on a short ride to Peterson

(population 199). The average temperature was around 90 with very high humidity, and I felt that it was the hardest ride we did while we were there although we only rode 27 miles. I guess 5 hours driving plus the temperature and humidity wasn't an ideal combination.

The Schaumburg Bike Club is a very considerate club and they do stop on a regular basis on a ride (in this case at each town) so that everybody can catch

up. First stop was Whalan (population 63), which is known for its world famous Aroma Pie Shoppe, as well as the 'Stand Still Parade' where the spectators are the ones walking to see the parade (I just wonder how big a parade Whalan can muster). We continued to Peterson (population 1325) although some members decided to turn around at one point due to the heat

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Al & Cindy Schneider for hosting a marvelous club picnic. Approximately 50 people enjoyed a beautiful day, great ride, good food and had a wonderful time socializing with old and new friends.

Club Officials

Elected Officers

President

Joe Beemster 847-215-2314

V.P.-Ride Chair

Dave Waycie 847-845-9663
dave.waycie@gmail.com

Treasurer

Johannes Smits 630-935-4074

Secretary

Patty Blome 847-358-4807

Membership

Mitch Rosset rrkite99@aol.com

Publicity Chair

Pam Kaloustian 847-707-0203
bubbath1@comcast.net

Appointed Officers

Harmon Chairman

Erich Massat 847-253-5815

Newsletter

Ella Shields 773-407-4712

St. Pat's Ride

Al Gibbs alang.bikes@gmail.com

Chairmen

Banquiday

Pam Burke pamelaburke2000@yahoo.com

Harmon Data Base

Emily Qualich 847- 821-1009

Mileage Statistician

Emily Qualich 847- 821-1009
e.qualich@comcast.net

Newsletter Mailings

Joe Beemster 847-215-2314

Picnic

Al & Cindy Schneider 847-696-2356

Web Page

Newsletter Policy

We can always use information for the newsletter. I'd love to hear from you. E-mail your ride notes, stories or articles for the newsletter to me by the 10th of the preceding month
Ella Shields
eshieldsbike@yahoo.com
(Please include your name and phone number in case I have any questions)



Don't miss an issue of Monthly Meanders!! Contact Mitch Rosset with your new address or e-mail address at rrkite99@aol.com

TOP 20 MILES

Through July 17

128 rides by 150 members

5,149 max miles

Women:

1	Emily	Qualich	2475
2	Ella	Shields	1193
3	Jeannie	Siewert	1174
4	Pat	Calabrese	1130
5	Reinhilde	Geis	1049
6	Betsy	Burtelow	1026
7	Lorrie	Stork Heymann	1008
8	Sheri	Rosenbaum	933
9	Deb	Wilson	829
10	Cindy	Kessler	753
11	Marianne	Kron	622
12	Pam	Burke	618
13	Pam	Kaloustian	610
14	Ellen	Heineman	518
15	Nancy	Beck	350
16	Kris	Woodcock	348
17	Cindy	Trent	341
18	Camella	Gavin	284
19	Tara	Riley	280
20	Eileen	Newman	266

Men:

1	Dennis	Ellertson	3732
2	Don	Miller	3063
3	Dave	Waycie	2848
4	Paul	LeFevre	2832
5	Kilian	Emanuel	2052
6	Tom	Wilson	1729
7	Alex	Halama	1691
8	Joe	Beemster	1677
9	Johannes	Smits	1670
10	Toan	Tran	1606
11	Leslie	Scott	1586
12	Larry	Frank	1549
13	Mitch	Rosset	1483
14	Jim	Flechs	1302
15	Jorn	Lim	1294
16	Jeff	Magnani	1289
17	Jeff	Rossi	1262
18	JV	Villadolid	1247
19	Brian	Hale	1175
20	Jim	Boyer	1059

Total Rides Led

Betsy Burtelow	1
Brian Blome	1
Brian Hale	3
Dave Waycie	5
David Newman	1
Dennis Ellertson	17
Don Miller	2
Earle Horwitz	1
Ella Shields	1
Emily Qualich	1
Erich Massat	4
Eva Waycie	3
Frank Bing	5
Jeff Rossi	10
Jim Boyer	1
Joe Beemster	4
Johannes Smits	2
Kilian Emanuel	33
Larry Frank	3
Louis Greene	1
Mitch Rosset	2
Paul LeFevre	14
Peggy Reines	1
Reinhilde Geis	4
Toan Tran	5
Todd Berlin	2
Tom Wilson	9
Total Hosts	27

Through July 17

BANQUIDAY PICTURES



We will once again be doing a slide show at the banquiday, Sunday, November 19, and are asking for contributions this season. So be sure and take pictures at rides and events and share them with our club members. Send your pics by October 31 to Johannes Smits @ johannes.smits@comcast.net

Aug Ride Schedule	All Riders Should:	*wear a helmet *bring water *bring a pump	*have a bike in good condition *bring a spare tube and patch kit *arrive early... 15-30 minutes	*bring an ID card *carry a cell phone *bring money for lunch/snacks	
Day	Time	Ride Name	Miles	Location and Directions	Ride Host
Sat 8/5	8:00	Honey Do/ Extended Do	30-72	Paul Douglas Forest Preserve On Central Rd. 1 1/2 miles west of Roselle Rd, just north of I-90.	Betsy Burtelow 847-204-8274
Sun 8/6	9:00	Libertyville With a Twist	36/47	Long Grove Commons Route 22 and Old McHenry Road. Park in lot north of Dunkin Donuts.	Ella Shields 773-407-4712
	8:00	Paul's Northeast IL Century	100	Euclid School Corner of Euclid and Wheeling Road, Mount Prospect	Paul Lefevre 224-234-0615
Sat 8/12	8:00	Honey Do/ Extended Do	30-72	Paul Douglas Forest Preserve See above.	Pam Burke 312-615-3407
Sun 8/13	9:00	Let's Go Lindy	36/44	Long Grove Commons See above.	Ride Host Needed
	8:00	Kenosha Bound - Long	87	Long Grove Commons See above.	Emily Qualich 847-821-1009
	9:00	Kenosha Bound - Medium	61	Old School F.P. St Mary's Rd, north of Rt 60 on the east side of the road. Enter forest preserve and turn right at Stop sign. Meet in first parking lot on the left.	Brian Hale 847-804-1561
	9:00	Kenosha Bound - Short	37	Wadsworth Village Office 14155 W Wadsworth, Wadsworth On the south side of West Wadsworth Rd, just west of N. Delany Road	Carl Droege 847-785-9343
Sat 8/19	8:00	Honey Do	30-58	Paul Douglas Forest Preserve See above.	Joe Beemster 847-215-2314
	8/8:30	Waterford Factory Ride	27/41/68	Waterford Precision Cycles I-94 to Hwy 20 west. Take Hwy 20 for 14 miles. Turn left on Hwy D for 1/5 miles to Hwy W. Turn right (north) on Hwy W for 1 mile, then turn left (west) onto Bakke Avenue. 4th building on right.	Dennis Ellertson 847-255-9323

Be sure to be on the Yahoo group and/or Facebook for last minute changes

AUG RIDE SCHEDULE (Continued)

Day	Time	Ride Name	Miles	Location and Directions	Ride Host
Sun 8/20	9:00	Nippersink Express	36/44	Long Grove Commons See page 3	Don Miller 847-708-4304
Sat 8/26	8:00	Honey Do/Extended Do	30-72	Paul Douglas Forest Preserve See page 3	Ride Host Needed
Sun 8/27	8-9:00	Members Harmon Pre-Ride	25-100	Wilmot High School 11112 308th Ave, Wilmot, WI I-94 west to Exit 345 (Hwy C). West to Wilmot. Turn right on Hwy W, Left at 308th Ave. to school parking lot.	Erich Massat 847-253-5815

WEEKLY RIDES

Day	Time	Ride Name	Miles	Location and Directions	Ride Host
Tuesday and Thursday	9:00 AM	Deerfield's Bakery Ride	25-40	Willow Stream Park On Old Checker Rd, a mile west of the bakery. Turn west on Old Checker Rd. to parking on the right.	Kilian Emanuel 847-296-7874
Tuesday	6:00 PM	Working Stiffs Ride	18-30	Archer Parking Lot On the east side of Old McHenry Rd, next to Enzo and Lucia Restaurant. North of Old 53 in Long Grove. Park at North end of lot.	Tom Wilson 847-632-1412
Wednesday	9:00 AM	No-Drop Road Ride	30-40	Woodland Trails Park 1-1/4 miles east of Rt-83 on Euclid Avenue, Mt Prospect.	Dennis Ellertson 847-255-9323
	6:00 PM	Hill and Dale Ride	25-35	Paul Douglas Forest Preserve On Central Rd. 1 1/2 miles west of Roselle Rd, just north of I-90.	Jeff Rossi 708-648-9170
Thursday	6:00 PM	Thursday Night Ride	30	Long Grove Commons Route 22 and Old McHenry Road. Park in lot north of Dunkin Donuts.	Paul LeFevre 224 234 0615
Friday	10:00 AM	Libertyville Picnic Ride	30	Willow Stream Park On Old Checker Rd, a mile west of the bakery. Turn west on Old Checker Rd. to parking on the right.	Frank Bing (thru 8/18) 847-634-1439
					Emily Qualich 8/25 847-821-1009



HARMON 100

**Sunday
September 10
Wilmot High School,
Wilmot, WI**

EVERYONE WORKS

**Contact Erich Massat at
erich@erichmassat.com,
or call at 847-420-5437,
to volunteer**

***BIKE TALK: CHICAGO'S
CYCLING FUTURE***

August 21, 6 p.m.
\$35 public/\$28 members
Revolution Brewing
2323 N. Milwaukee Ave., Chicago

Join CAF (Chicago Architecture Foundation) for an evening at Revolution Brewing and hear journalists, historians, and advocates give rapid-fire presentations on local bike culture and bike infrastructure, followed by a Q & A. Beer and a light buffet included!

BOARD METING MINUTES

June 20

Meeting commenced at 7:10 pm

Attendees: Joe Beemster, Johannes Smits, Dave Waycie, Ella Shields, Pam Kaloustian, Pat Calabrese, and Erich Massat

Financial Report (Johannes)

The club has a balance of \$20,000.00, on-track vs. the prior three years.

There is a \$100 fee for Paypal, but more than 2/3 of the members have paid online

The club has already paid all 2017 donations and HH advertising

The club profited ~\$500.00 from the St Pat's Day ride, slightly up vs last year

Ride Schedule (Dave)

Ride host sign-ups have been very strong, so thanks to all those who volunteer.

- Three hosts are needed for rides in July
- Wednesday and Friday 'no drop' rides have good attendance
- Tuesday and Thursday night routes have moved locations, but only by about ¼ mile. No complaints so far.
- The Wednesday night ride will be reviewed at the end of the season due to poor attendance

Promotions (Pam)

- The BG police sent a letter thanking the club for their participation in this year's bike rodeo
- The WW participated and handed out 'goodie bags' (made by Pam) at the Ladies event at 7 Mile Cycle

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Eric	Rabe	Arlington Hts.	Geraldine	Gartside	Buffalo Grove
Sean	Sheehan	Palatine	Nigel	Grinter	Buffalo Grove
Banu	Sheehan	Palatine	Elizabeth	Grinter	Buffalo Grove
Brian	Schiavone	Palatine	Eleanor	Grinter	Buffalo Grove
Thu	Ngo	Palatine	Ruth	Cooper	Charleston
Greg	Konieczny	Arlington Hts.	Robert	Zupinski	Wheeling
Scott	Assmann	Palatine	Glenn	Weeks	Elgin
Hollie	Long	Bloomingtondale	Brett	Polenchar	Deerfield

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1326 N. Rand Road • Arlington Heights, IL 60004 • 847-398-1650
234 West Northwest Hwy. • Barrington, IL 60010 • 847-382-9200

Ask for your
*Wheeling
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The **Wheeling Wheelmen Bicycle Club** has an active Yahoo Group available on the Internet. The group works like a bulletin board and allows us to exchange email with other club members without having to know everyone's individual email address. You must subscribe to the group before you can send a message. Follow the instructions required by Yahoo to complete your registration.

NOTE: Due to spam and email address hijacking concerns, subscription to the Yahoo Group is limited to current members of the Wheeling Wheelmen Bicycle Club only. If you have questions about club membership, rides or events, please send an email to: wheeling@wheelmen.com

To Subscribe send an email message to:
wheelingwheelmen-subscribe@yahoo.com

To Unsubscribe send an email message to:
wheelingwheelmen-unsubscribe@yahoo.com

To post a message send your message in an email to:
wheelingwheelmen@yahoo.com

The group name is: **wheelingwheelmen** and is available at: pgroups.yahoo.com/group/wheelingwheelmen

(Continued from page 5)

- The club is looking at some new designs for the 50th anniversary of the Harmon Hundred Membership (Mitch)
- Current membership is 204, slightly up from last year
- The club has attracted new members this year, a very positive sign

Harmon Hundred (Erich)

- Erich will have a sign-up sheet and recruit volunteers and 'crew chiefs' at the picnic
- Crew chief needed for parking and registration
- Brian Hale will organize sign placement the Sat before the event; Dave Waycie agreed to pick-up food
- Erich will investigate re-routes required due to construction

- Johannes will investigate cost of t-shirts that say 'Volunteer'
- Erich will plan a Pre-Hamon meeting for crew chief's closer to the event
- Joe will contact bike shops in the Milwaukee area and place brochures at those shops to help promote the event

President Notes (Joe)

- Thursday Sept 14 has been reserved for the HH Appreciation meeting/event
- Two other meetings will be planned for next year
- Holiday party is booked for the Sunday before Thanksgiving
- Next board meeting is July 31 at Joe's house
- Erich will write the July Newsletter, Johannes Aug, and Pam Sept
- Meeting adjourned at 8:20 pm



P. O. Box 7304
Buffalo Grove, Il.
60089-7304
wheeling@wheelmen.com

We are on the web
wheelmen.com



SAVE THE DATES

Harmon 100 - Sept 10
Harmon Pizza Party - Sept 14
Banquuiday - Nov 19

CLUB DISCOUNTS

The following local shops offer a 10% discount on parts and accessories to all Wheeling Wheelmen with a valid membership card shown at time of purchase.

AMLINGS CYCLE
8140 N Milwaukee Ave.
Niles 847-692-4240
amlingscycle.com

B&G CYCLERY
131 E. Rollins Rd,
Round Lake Beach,
847-740-0007
bgcyclery.com

BICYCLE CONNECTION OF SCHAUMBURG
1226 N Roselle Rd.
Schaumburg
847-882-7728
bikeconnection.com

GEORGE GARNER CYCLERY
1111 Waukegan Rd.
Northbrook 847-272-2100
740 N. Milwaukee Ave,
Libertyville, 847-362-6030
575 Ela Road, Lake Zurich
847-438-9600
georgegarnercyclery.com

MIKES BIKES
155 N Northwest Hwy,
Palatine, 847-358-0948
mikesbikeshoppalatine.com

RUNNER'S HIGH & TRI
121 W. Campbell,
Arlington Hts., 847-670-
9255 runnershigh-n-tri.com

7 MILE CYCLES
45 Arlington Hts Rd
Elk Grove Village
847-439-3340
7milecycles.com

SPOKES
69 Danada Square E,
Wheaton 630-690-2050
1807 S. Washington, #112
Naperville, 630-961-8222
spokesbikes.com

TREK BICYCLE STORE – HIGHLAND PARK
1925 Skokie Hwy
Highland Park
847-433-8735
trekhp.com

VILLAGE CYCLESPORT
1326 N. Rand Rd.
Arlington Hts.
847-398-1650
234 W. Northwest Hwy
Barrington 847-382-9200
villagecyclesport.com

WHEEL & SPROCKET
1027 Davis Street
Evanston 847-864-7660
wheelandsprocket.com

We support:

- *The League of American Bicyclists
- * Ride Illinois
- *Active Transportation Alliance
- *Buffalo Grove Bike Rodeo
- *Bicycle Federation of Wisconsin

JOIN THE LEAGUE!

The League of American Bicyclists promotes cycling through safety and represents us in the decision making process in Washington D.C. A yearly membership is \$35 and should be sent to:

League of American Bicyclists,
1612 K Street, NW, Suite #401
Washington, DC 20006
Tel: 202-822-1333 Fax: 202/822-1334
E-mail: BikeLeague@aol.com
Web Site: www.bikeleague.org

In addition to government relations, they also organize many great cycling rides and rallies around the country. For information on these events call (800)288-BIKE